



Healthy

HAPPENINGS

HAMMOND-HENRY HOSPITAL NEWSLETTER

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Medical Excellence Close to *Home*

HAMMOND-HENRY HOSPITAL WELCOMES CEO DAVE SMITH

High-quality, patient-centered medical services and a community dedicated to local care may have brought new CEO Dave Smith to our doors, but ongoing support will keep those doors open.

“Hammond-Henry Hospital provides Geneseo and surrounding communities with high-quality care and our continued goal is to increase our healthcare options to meet our vision of ‘medical excellence close to home,’” Smith said. “Our goal is to make this hospital the best place to work, for providers to practice, and for patients to receive care.”

Hammond-Henry Hospital continues to work on the expansion of primary care in Geneseo and other communities supported by Hammond-Henry clinics. Primary care providers are the beginning of the patient care experience and fundamental in helping patients manage chronic conditions such as high blood pressure and diabetes. They may also make referrals to specialists, surgeons, and inpatient care not only here in Geneseo, but in all the communities we serve.

In addition, Smith and his team are ensuring a wider range of services at Hammond-Henry Hospital. “Our providers and the community are an excellent voice for what services they would benefit from having close to home,” Smith explained. “We are building a plan and will continue to recruit for those medical services.

“Reconnecting with our patients to make them aware of services offered at Hammond-Henry is important,” he continued.

“Our new MRI, for example, is advanced technology and our technologists provide outstanding, patient-centered care. We need to ensure our communities are aware of such a great service.”

Hammond-Henry Hospital has long been a significant employer in Geneseo and surrounding areas. With more than 460 employees, Smith voiced a goal of transforming the hospital into an even greater organization where all employees feel valued, their voices are heard, and they understand their importance to the team regardless of what position they hold.

“We have a qualified and highly dedicated staff. My job is to create an environment where they love to come into work and continue to provide an outstanding experience for our patients,” Smith said.

Our mission is to “improve the quality of life in our communities through excellence in healthcare.” According to Smith, we will continue to do this by developing our primary care and specialty services to support our communities. “We are rooted, we are strong, and we need to be open to change or become a casualty of it.”



For more information or to offer your insights, contact Hammond-Henry Hospital CEO Dave Smith at (309) 944-9102.



Better Imaging, Outstanding *Care*

MRI UPGRADE OFFERS FASTER & EXCEPTIONALLY CLEAR SCANS

Because our patients are literally the reason for the hospital's existence, we are continually driven to improve our equipment, our services, and everything leading to the best patient experience possible. For this reason, we recently upgraded our MRI (magnetic resonance imaging) machine, the Canon Vantage Orian Encore, adding new software that effectively provides the equivalent clarity of a 3T magnet.

"Images are sharper and provide improved diagnostic capabilities for our providers, which means improved selection of treatment options for our patients," said Wyatt Brieser, VP of Operations. "The MRI also has improved technologist controls to more accurately reproduce images in the same plane and assure physician and patient image needs are met."

Scans are now faster and much clearer. Brain scans, for example, can be effectively completed in about a half-hour. As a matter of fact, almost every scan at Hammond-Henry can be effectively and thoroughly completed in about 30 minutes.

"Due to improved workflow efficiency and equipment function, the time a patient is in the MRI opening is reduced by 25-50%," Brieser said. "For someone in pain, this is a significant improvement compared to other equipment with lesser MRI products."

Additionally, the Vantage Orian Encore provides enhanced patient comfort with a larger opening (71 centimeters). This offers some relief to patients who experience claustrophobia or other anxious tendencies or require more space for correct positioning.

"Another important item to consider is wait times at Hammond-Henry are significantly reduced compared to other places," said Justin Frank, Imaging Department Manager. "We can get you in for testing in days versus weeks. Once you're here, you will have technologists who will treat you like family. Your comfort, in every aspect, is just as important to us as the technology and results are."

Even if your provider schedules your MRI elsewhere, you as a patient have the choice to select where you have your MRI testing done. For more information about Hammond-Henry MRI services, contact Justin Frank at (309) 944-9135.





‘They Were *There* for Me’

HAMMOND-HENRY PROVIDES A COMPASSIONATE MRI EXPERIENCE

Claustrophobic or not, spending time in enclosed spaces makes many anxious. And when your doctor orders an MRI, you want to go where you’ll feel as comfortable physically as you will emotionally. That’s why Mitchel White chose Hammond-Henry Hospital for his testing.

“Being a man of almost 400 pounds, I was concerned about fitting into the tube,” said White, a 33-year-old Osco resident who’s been a patient of Dr. Maxhn McCaw since he was born. “I have a herniated disk and knew this test might be uncomfortable. It wasn’t difficult at all.”

The 25-minute test required White to enter the tube feet first and cross his arms on his chest going in. “The table is adjusted to the height you need to sit on it, and then it’s raised to go into the machine. Simple as that. The techs helping you are also good about making sure you know exactly what is happening and how long it will take.”

Technologists communicate through headphones while patients are in the MRI. To ease comfort, a soft, blue light shines inside the opening and headphones are given to the patient to dim ambient noise.

“I’d like to say whether the blue light was helpful, but I just closed my eyes in there and relaxed, which itself says something. They let me pick out the genre of music I got to listen to, so the time was spent listening to classic rock,” he said.

“It’s nice having this hometown hospital here so I don’t have to travel all the way to the Quad Cities. Plus, the people caring for me were so kind. I’m a big guy and when I got up, they were there for me. No rush to get up, just whatever I needed to get off the table and on my way. I would rate my experience as a 10/10.”

DR. SAGHA TO SPEAK ON DEMENTIA

Protect yourself against dementia and unlock your brain's natural defenses. Author Hamid Sagha, MD will speak on his book *Dementia Action Plan: Give Your Brain a Fighting Chance!* at 6 p.m. Monday, June 3, at Geneseo High School Performing Arts Center, 700 N. State St. in Geneseo. Doors open at 5:30 p.m. There is no cost to attend, but we are asking for reservations to ensure we have enough refreshments.

Visit hammondhenry.com/dap to reserve your spot today.



Community Collaboration

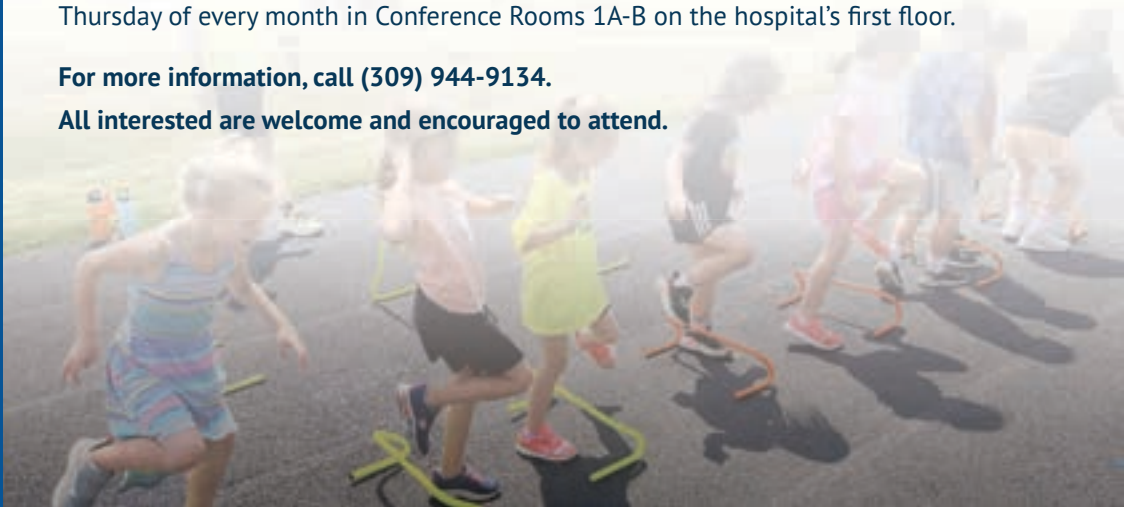
Hospitals are known for saving lives and keeping people healthy, but Hammond-Henry Hospital takes this mission even further by engaging staff and volunteers in multiple community organizations and health awareness events that enhance the lifestyles of those served. Among those longstanding hospital-based collaborations are:

- ★ Hammond-Henry dietitians' monthly demonstrations of nutritious meals at the Geneseo-Atkinson Food Pantry
Marcia Wirth, Dietitian | (309) 944-9118
- ★ Bi-annual health screenings and blood draws offering low-cost lipid, glucose, and chemical profile testing, prostate cancer screening for men (blood test), and free blood pressure checks in both spring and fall
Karrie Wetzell, Lab Manager | (309) 944-9113
- ★ Free sports physicals for student athletes
Greg Janicki, Rehab Manager | (309) 944-9150
- ★ Middle school and high school athletic Summits in concert with the Geneseo Park District and designed for athletes training as part of the same sports team
Registration available at geneseoparkdistrict.org
- ★ Free monthly health seminars at the Geneseo Community Center
Wyatt Brieser, VP of Operations | (309) 944-9233
- ★ The Parkinson's Strong program, a group exercise class for any individual diagnosed with Parkinson's or a similar disease
Bailey Weber, Physical Therapist | (309) 944-9150
- ★ Participation in area job fairs, including Geneseo High School, Black Hawk College, and the Quad Cities Career Expo
Stephanie DeMay, Marketing Manager | (309) 944-9169
- ★ The Free2Play summer movement camp, a free, dynamic sports literacy program for local children in kindergarten through sixth grade
Greg Janicki, Rehab Manager | (309) 944-9150
- ★ Free injury screenings for all ages through the Hammond-Henry Rehab Department
Greg Janicki, Rehab Manager | (309) 944-9150

Among the newer classes is the multi-phase Maternity Summit, designed to help expectant mothers stay fit through pregnancy and post-partum. Additionally, the hospital has engaged with the Geneseo Police Department IMPACT Task Force — most recently with sponsorship of the Mindful Strides 5K Dementia Awareness Run and Fun Walk. The hospital is also offering a new Anxiety Support Group, which offers judgment-free, compassionate care and a forum for emotional wellness. It is facilitated by Krista Nixon, Director of Quality Management, and is held on the last Thursday of every month in Conference Rooms 1A-B on the hospital's first floor.

For more information, call (309) 944-9134.

All interested are welcome and encouraged to attend.



Meet the Hammond-Henry Hospital Providers



Treena Adams
APRN
Walk-In Care



Waseem Ahmad
MD • NEUROLOGIST
Geneseo Clinic



Carlos Avila
MD
Family Medicine –
Kewanee Clinic



Dawn Bopes
APRN
Walk-In Care



Jennifer Brokaw
APRN
Family Medicine –
Kewanee Clinic



Stephanie Burrows
MD • FACEP
Emergency Medicine



Staci Circello
APRN
Walk-In Care



Fadi Ghadban*
MD
Hospitalist



Kati Grimes
APRN
Family Medicine –
Geneseo Clinic



Matthew Heberer
MD • GENERAL SURGERY
Surgeon



Michelle Jackson
APRN
Family Medicine –
Kewanee Clinic



Kevin Jeffries
MD • HOSPITALIST
EMERGENCY MEDICINE
Family Medicine – Kewanee Clinic



Dr. Akshay Mahadevia*
MD • SLEEP MEDICINE
Geneseo Clinic



Nicole Mancha
MD
Emergency Medicine



Matthew McKay
MD
Emergency Medicine



Sandra Peach
APRN
Walk-In Care



Janelle Pillard
PA-C
Walk-In Care



Jan Racoma*
MD
Hospitalist



Remigijus Satkauskas
MD • HOSPITALIST
Family Medicine – Kewanee Clinic



Angela Schmieder
PA-C
Walk-In Care



Loren Soria
MD • INTERNAL MEDICINE
EMERGENCY MEDICINE
PEDIATRICS
Family Medicine –
Geneseo Clinic



Katie Sowder
APRN • WALK-IN CARE
Family Medicine – Port Byron Clinic
Sleep Medicine – Geneseo Clinic



Kathleen Versluis
APRN
Walk-In Care



Heidi Vorac
APRN
Family Medicine –
Cambridge Clinic



Elyse Wolf
APRN
Family Medicine –
Geneseo Clinic



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Kewanee Open House

No matter the emergency — or even if it's as simple as a runny nose — your “Super Heroes for Healthcare” are here for you! Connect with these hometown providers at our **Health Fair and Open House from 10a.m. - 2p.m. Saturday, June 29**, at the Hammond-Henry Hospital Medical Group Kewanee Clinic, 1258 W. South St. in Kewanee. The health fair will include one-on-one meet-and-greets with our providers and clinical staff, including our new provider Dr. Carlos Avila, plus informational booths from other health professionals within the Kewanee community, including dentists, massage therapists, optometrists, medical supplies salespeople, and mental health professionals.

“This collaboration of care will give our patients the very best opportunity to take better care of themselves by learning more about our services and other resources they might not know about right here in our city,” said Hammond-Henry Clinic Manager Lora McKune.

In addition to the health fair, the staff will also offer free blood pressure checks, tours of the facility, and the opportunity to win prizes and other giveaways. “Don’t forget children are certainly encouraged to attend,” said McKune. “We will have plenty of games and activities for them. We truly want this to be an educational but fun event for the whole family.”

