

Date: \_\_\_\_\_

In regard to patient (name): \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Dear Dr. \_\_\_\_\_

Your patient is in the process of completing a Department of Transportation (DOT) examination for a Commercial Driver's License (CDL). The rules have changed recently and because the patient has had \*(Stents, MI, Angina, pacemaker, heart failure), the following areas must be addressed by a cardiologist. Please fill out the following and attach requested studies so this DOT examination can be completed.

Please check or circle all that apply and please attach requested studies

- Is asymptomatic
- Tolerates medications
- List medications and dosages \_\_\_\_\_
- Has a satisfactory exercise tolerance test (ETT). \* Please attach copy if available
- Has a resting left ventricular ejection fraction (LVEF) greater than or equal to 40%. \*Please attach copy if available
- Has no significant electrocardiogram ischemic changes \*Please attach copy if available

Note: For an initial certification following an MI, an in-hospital post-MI echocardiogram showing an LVEF greater than or equal to 40% is sufficient.

- \_\_\_\_\_ months or weeks since event
- Angina -  Stable  Unstable
- Angina at rest
- Change in angina pattern within 3 months of exam
- Abnormal ETT
- Ischemic changes on resting ECG
- Annual evaluation was done on \_\_\_\_\_
- Biennial ETT required at a minimum, date of last ETT \_\_\_\_\_
- If abnormal or inconclusive ETT, imaging stress test date and results if indicated: \_\_\_\_\_

## REQUIREMENTS FOR SPECIFIC MEDICAL CONDITIONS

### PCI stents

- At least one week after procedure
- Cleared by cardiologist
- Tolerance to medications
- ETT 3 to 6 months after PCI
- May NOT be cleared if: (please check any that apply)
  - Incomplete healing or complication at vascular access site
  - Resting angina
  - Ischemic ECG change

### Pacemaker

- Documentation of annual pacemaker check

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Revised (8/19, 5/20, 8/20, 7/22)



Congestive Heart failure

- Results of most recent echocardiogram or other testing of left ventricular ejection fraction. An ejection fraction of 40% or greater is required for certification.

Implantable defibrillator

- Patients with implantable defibrillators are automatically disqualified from obtaining medical certification for CDL license. Please call our office and let us know if your patient has an implantable defibrillator.

Additional information requested

- Cardiologist exam at least yearly
- Biennial ETT at minimum (if test positive or inconclusive, imaging stress test may be indicated).
- Letter documenting that driver is cleared to drive a commercial motor vehicle, and any cardiologist recommendations.

Please note, on Exercise Testing, driver should be able to:

- Exercise to a workload capacity greater than 6 Metabolic equivalents (METs) (through Bruce protocol stage II or equivalent).
- Have a rise in systolic blood pressure greater than or equal to 20 mm Hg without angina.

Thank you for your assistance. Drivers with heart conditions can be certified up to one year if they meet requirements.

It is in my opinion that the patient's cardiac status is stable, and there are no complications at this time which would impair his/her ability to drive large commercial vehicles.       Yes       No

\_\_\_\_\_  
Provider signature:

